



GYMNASTICS DAY CAMP

5 days of intensive Gymnastics training

Each session will include

- ⌚ Warm up
- ⌚ Floor Tumbling
- ⌚ Bars
- ⌚ Beam
- ⌚ Vault
- ⌚ Trampoline / Tumble Tramp
- ⌚ Cool down and stretching
- ⌚ All sessions taught by EKG
Gymnastics Coaches accredited
with Gymnastics Australia

Book online
www.ekga.gymnastics.org.au
or give us a call on
9336 4077

3 Streams available:

- A) Kids on waiting lists / new to Gymnastics
- B) EKG Beginner and Level 1 Gymnasts
- C) EKG Level 2 and 3 Gymnasts

Dates

2nd to the 6th of July

Times

10.30am-12.30pm
Monday to Friday

Cost

\$165
for the week long program