

## **SMALL GROUP NINJAZONE** NEW IN 2023!

NinjaZone uses your child's energy to create focus! NinjaZone Coaches understand how your child learns, and they will tailor the class to help each child rise to their potential, igniting their confidence!

Lil Ninjas (Small Group) open to Children attending 4-year-old Kinder Places are limited!





NinjaZone helps your child learn techniques to channel their impulse and energy towards a focused goal. Ninja Zone includes combinations of flips, rolls and kicks that are designed to help:

- Improve Total Body Coordination
- Build Strength
- Improve Agility

BEYOND SKILL, WE TEACH ...

- Self-Confidence
- Discipline
- Impulse Control
- Responsibility
- Instinctual Safety



Small Group NinjaZone classes are perfect for boys who will benefit from a small group environment (including but not limited to kids who are Neurodivergent or need help managing conditions such as ADHD).

Our ratio of 2 staff for 4 children creates the perfect balance between a private lesson experience, with all the benefits of social interaction and community engagement.

Do you have an NDIS Plan? Contact us to find out if you may be able to claim these sessions.

Contact us Phone: 9336 4077 Email: gymnastics@ekga.com.au



