



Essendon Keilor

Gymnastics Academy

Keeping track of your child's progress

With our testing system we like to keep it simple.



Means the skill have been introduced and the gymnast is working on the lead ups for the skill, performing the skill with assistance from the coach or the skill is still in the development phase.



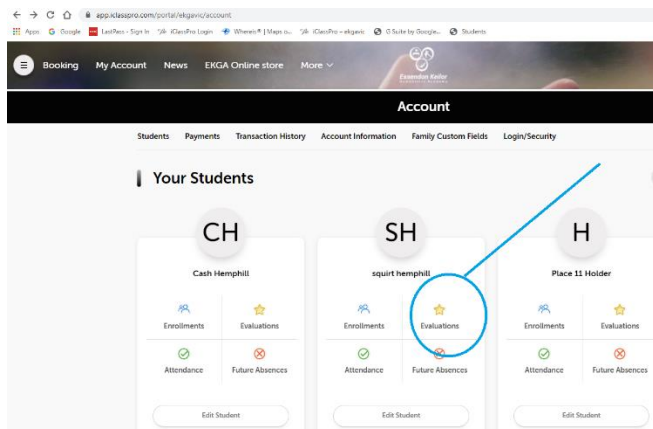
Means the skill is starting to be performed, but still has some errors in form / technique or is not yet consistent



Means the skill has been mastered and is consistently performed to a high standard.

In order for your child to pass a level, they will need to have 3 stars for most skills (usually with no more than a couple of 2's).

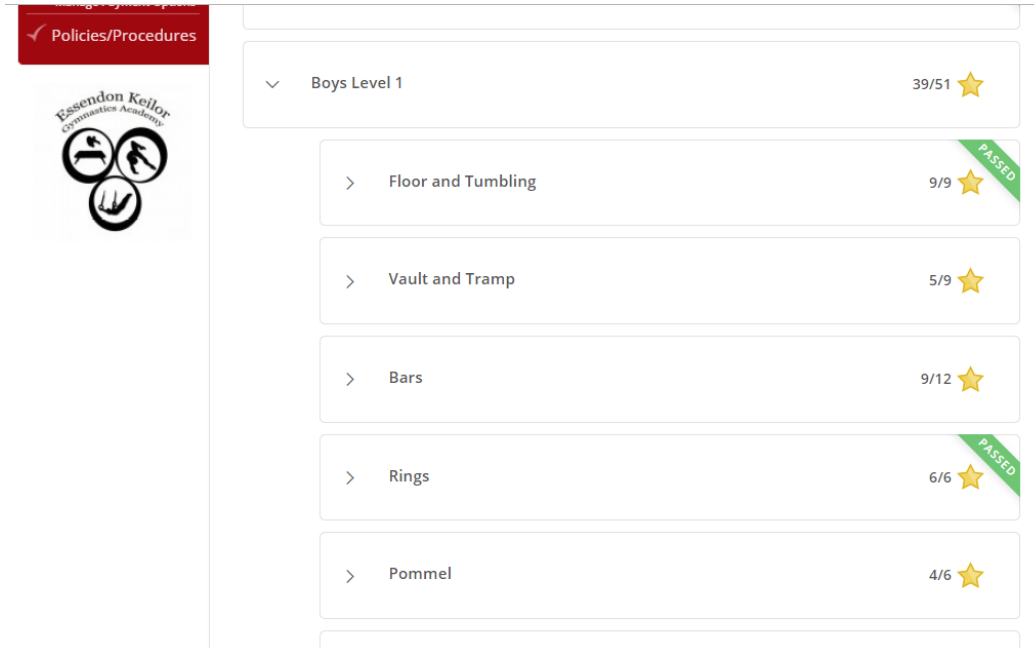
Our skill tracking software is **LIVE**. This means as soon as we record a skill as being assessed, you will be able to log in and view the results, track your child's progress and the great skills they are achieving or what they still have to work on. Just log into your account from our website and click on the "evaluations" button next to your students name.



The example below shows us that this gymnast has:

Achieved 39 stars out of a possible 51 for the level.

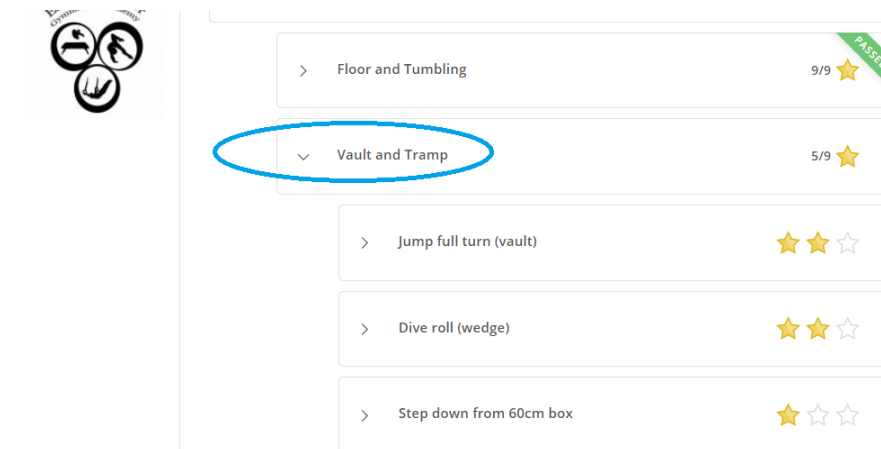
Has passed “Floor and Tumbling” and “Rings”, but still has some work to do on the other apparatus before moving up a level.



The screenshot shows a progress report for 'Boys Level 1' with a total score of 39/51 stars. The report is broken down by apparatus:

Apparatus	Stars Achieved / Total Stars	Status
Floor and Tumbling	9/9	PASSED
Vault and Tramp	5/9	Not Passed
Bars	9/12	Not Passed
Rings	6/6	PASSED
Pommel	4/6	Not Passed

By clicking on the arrow next to the apparatus name, you can see the details of individual skill assessments for that level.



The screenshot shows the detailed skill assessments for the 'Vault and Tramp' apparatus, which is circled in blue. The skills and their star ratings are:

Skill	Stars
Jump full turn (vault)	2/3
Dive roll (wedge)	2/3
Step down from 60cm box	1/3

We like to share the good news!

You will receive emails from us after each assessment. These emails will show you the results of the most recent assessment. You will be able to see skill testing ratings and results, and if your child has mastered a level or all the skills from one apparatus it will give you the option of printing out a certificate.



When an apparatus are listed on the certificate it means the requirements for that apparatus have been mastered. This does not mean the child is moving up a level at this point, it does however show they have mastered the skills on that apparatus.

When an entire Level is mastered all of the apparatus are marked as “passed” and the Level is marked as “passed”. This is an exciting time, as it means your child has completed all the requirements for that Level and will be moving up into the next level. After you receive this email our administration staff will be in touch to help you transfer your child into a class the next level up.

At this time your child will also be receiving the trophy as recognition for passing the Level. Exciting times!

