



Essendon Keilor

Gymnastics Academy

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Competition Selection Policy

Statement of Commitment:

EKGA aims to make attending competitions a positive experience for our Competitive Gymnasts. Coaches use our selection policy to select gymnasts for competitions as individuals and teams to give the Club the greatest chance of success. Gymnasts who are not likely to have a positive experience at a competition are not selected to compete.

Definitions / Policy Coverage:

Gymnasts include all adults and children that participate in a Gymsport at EKGA.

Coaches includes all coaches, junior coaches, senior coaches, volunteer coaches and guest coaches

Policy Application

Gymnasts, Coaches, Management

Roles and Responsibilities

When there are more than enough gymnasts in a level to field a team, the coach will arrange an internal competition (or “control test”) to select the team. One or more of these events may be scheduled. After the events have been held the coach/es will select gymnasts for the team that will give the team the greatest chance of success. The team may change for each competition, and coaches may opt to rotate gymnasts in and out of the team based on availability, the type of competition, the gymnast’s performance and timing of the event.

The top ranking gymnasts will be placed in the “A” team, with remaining gymnasts having the chance to compete as individuals (where permitted) or as a combined “B” team. In some cases neither of these options will be possible, in which case lower ranking gymnasts may not be selected to participate in the event. For example if the club has 7 girls in a level, we will NOT enter two teams in a big event. We will only enter full teams.

The club will enter just one team in competitions such as State Pennant or Victorian Championships.

If the club does not have enough gymnasts for a team, but has athletes capable of competing, a control test should be held to ensure the athletes are capable of performing the required skills to a reasonable level.

If a gymnast ranks high at the control tests but the coach feels they will not be an asset to the club / team due to other factors (poor attendance, being late for classes, behavior in training, behavior / manner at competitions) the coach may discuss these concerns with the head coach and or manager and they will then make the decision together and inform the parents of the outcome.

Policy Breaches and Consequences

Gymnasts are ineligible to be selected to compete as an individual or for a team in the following cases:

- The gymnast has outstanding fees / monies owing to the club
- The gymnast does not return notices / forms regarding availability for competitions by the due date
- The gymnast cannot yet perform all core skills to a reasonable standard (i.e. has not achieved the LAT mark required to compete at that level)
- The gymnast does not meet the age requirements for the level of ability set out in the Gymnastics Victoria year book