

# Covid Safe standards

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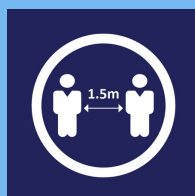


**Essendon Keilor**  
Gymnastics Academy

<b>Close Contacts</b>	EKGA participants/staff must not attend EKGA whilst anyone from their household has covid and is required to isolate. EKGA does not permit household contacts to attend EKGA whilst someone in the house is isolating with Covid.
<b>Keep sick kids at home</b>	If a gymnast (or ANYONE FROM THEIR HOUSEHOLD) has cold or flu-like symptoms, a cough, sore throat, gastro or other signs of illness the gymnast will not be permitted to attend classes/training at EKGA. Gymnasts that are coughing/complaining of feeling ill will be sent home.
<b>Before class</b>	Families and Gymnasts should wait outside the building (an appropriate distance apart) until the class is asked to enter the building. EKGA staff will invite participants into the building at the appropriate time. Families may choose to wait in car in inclement weather.
<b>Check in</b>	No longer required.
<b>Vaccination Status</b>	All staff are required to be triple vaccinated. Visitors and participants are not required to declare vaccine status.
<b>Drop and Go</b>	We prefer that children are dropped off and collected after class. If parents wish to observe part of the class they are welcome to. We do not yet have space to return to having chairs in the foyer.
<b>Mask wearing</b>	<b>ADULTS</b> - Staff -Recommended and encouraged <b>CUSTOMERS</b> - Recommended. <b>CHILDREN</b> - Recommended.
<b>Hand sanitising</b>	All participants will be prompted to use hand sanitizer upon entering. Hand sanitizer will be provided near the front door to both buildings, as well as throughout the gym. Participants will be required to sanitise their hands at intervals throughout class, as well as upon departure.
<b>Equipment Hygiene</b>	Equipment and mats will be sanitized between each class. Equipment that cannot be sanitized easily between classes will not be used. Competitive Gymnasts will be required to bring along their "portable locker" with their own therabands, ankle weights, skipping ropes, ice pack wrap etc. Gymnasts who use chalk will be required to provide their own chalk and chalk container.
<b>Physical distancing</b>	Whilst onsite people are required to follow physical distancing guidelines, this includes the waiting areas, as well as in the gym and common areas. Parents/carers should maintain appropriate physical distancing whilst waiting to collect their child. Floor markers will be provided to establish visual cues to assist with distancing.
<b>General cleaning</b>	EKGA Staff will sanitise high touch surfaces several times throughout the day. Staff will regularly check to ensure hygiene supplies are regularly replenished throughout the day. Professional cleaning contractors will deep clean each venue twice a week.
<b>Exiting</b>	Staff Members will stagger the dismissal of classes to avoid bottlenecks at the exit points. We prefer that Gymnasts are collected from outside the building.



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