



MY FIRST DAY AT INDEPENDENT PRESCHOOL GYMNASTICS



I TAKE MY SHOES AND SOCKS OFF AND PUT THEM IN A LOCKER.



MY COACH WILL OPEN THE GATE.

MY GROWN UP WILL WAIT IN THE VIEWING AREA.





I MIGHT FEEL SCARED OR NERVOUS, AND THAT IS OKAY.

I CAN ASK MY COACH TO SEE ME GROWN UP.

MY GROWN UP IS IN THE VIEWING AREA FOR ME TO TALK TO WHENEVER I NEED THEM.

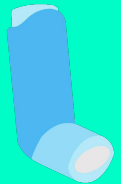


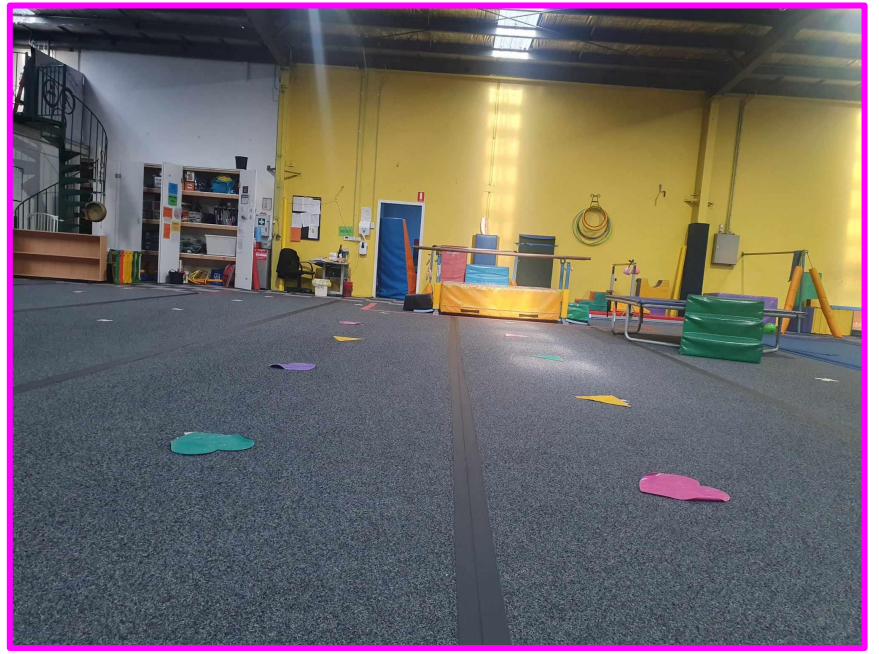
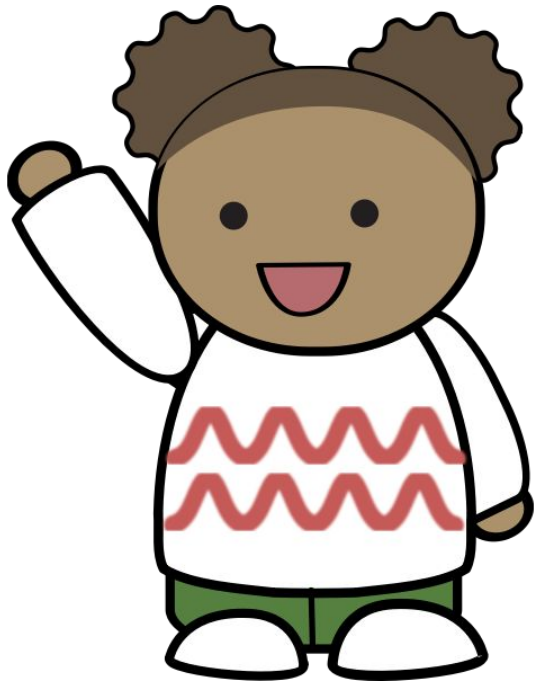
I WILL PUT MY WATER BOTTLE AWAY.



I MIGHT HAVE MEDICATIONS TO GIVE TO MY COACH.

THEN MY COACH WILL CALL OUT MY NAME.





I MIGHT SAY HELLO AFTER MY NAME IS CALLED.



MY COACH IS HAPPY WHEN I SAY HELLO AND FIND MY COLOURED SHAPE TO STAND ON.

I WILL FIND A COLOURED SHAPE TO STAND ON.





MY COACH, OTHER KIDS AND I WILL PLAY A WARM UP GAME TO FUN MUSIC.



THEN I WILL COPY MY COACH AND STRETCH.

MY COACH WILL TELL ME AND MY CLASS TO GET A DRINK OF WATER.





MY COACH WILL SHOW ME SOME ACTIVITIES AND TELL ME WHERE TO START.



WHEN I AM WAITING FOR MY TURN I WILL STAND ON THE WAITING FEET

MY PARTNER AND I WILL TAKE TURNS ON THE ACTIVITY.





SOME ACTIVITIES MIGHT BE HARD, THAT IS OKAY.



I WILL TRY MY BEST AT ALL ACTIVITIES.

I MIGHT ASK MY COACH FOR HELP IF I NEED IT.





IF I NEED TO GO TO THE TOILET I CAN ASK MY COACH.

I CAN ASK MY GROWN UP TO HELP ME.

MY GROWN WILL HELP ME OPEN THE GATE AND GO BACK TO
CLASS.



AFTER ACTIVITIES, ME AND MY CLASS WILL MOVE TO ANOTHER AREA OF THE GYM.

MY COACH WILL SHOW ME HOW TO USE THE FUN EQUIPMENT.



I MIGHT FEEL TIRED, BUT IT'S OKAY IT'S ALMOST TIME TO SAY GOODBYE.





THEN I SAY GOODBYE WITH THE GOODBYE SONG.

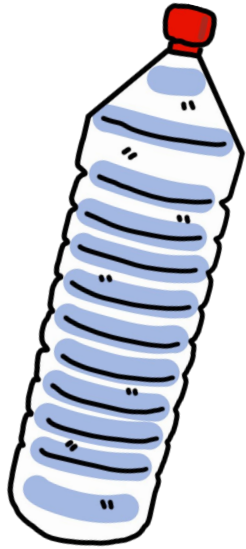


I CAN FEEL PROUD I HAVE DONE WELL AND HAD FUN.



I WAIT ON MY SPOT FOR A STICKER OR STAMP.





AFTER CLASS I WILL COLLECT MY WATER BOTTLE AND MEDICATIONS IF I HAVE ANY.
MY COACH WILL THEN SAY GOODBYE AND TAKE ME TO MY GROWN UP IN THE VIEWING AREA.
I HAVE FINISHED MY FIRST INDEPENDENT PRESCHOOL GYMNASTICS CLASS.